

Principal's Chat:

Dear Parents, Caregivers and Members of the Kyneton High School Community,

Term 4 has started but it feels like a double start as the first week we continued remote learning to enable the safe implementation of the GAT exam. This went very smoothly thanks to the dedication of our senior team who supported the year 11 & 12 students involved. Week 2 is when we return to our regular times, timetable and classes. The staggered return for year levels allows attention to the needs for each level. Thank you for your support with this as we know students and parents are generally very keen for school to resume. *(please see Upcoming Events in this edition for dates)*

Some important reminders about the conditions directed by the department and Chief Health Officer that we need to adhere to are:

- All students and staff are required to wear a mask. This includes while travelling on the bus. Exemptions will only be granted where a medical certificate/letter is presented to the school. We know it can be uncomfortable, however making this adjustment for now is a way to help protect self and others.
- Students must come to school prepared with their own books, pens, water bottle, and laptop and charger. They should not share their belongings with others. A lot of class work will continue to require use of laptops so it is essential to bring this item each day.
- Hygiene practices will be a daily focus. We have many hand sanitiser points in each learning area and students need to wash their hands regularly as required.
- Social distancing is recommended and we will work within this framework as far as practical. No hugs or handshakes for now.
- Students need to stay home if they are unwell. If a student becomes ill at school parents will be contacted to collect them. It is important to get tested if any COVID symptoms are present.

We know how quickly the virus can spread and we all need to respect the restrictions put in place to protect our safety and the safety of our family members and other contacts.

Our Principal is not yet back from New Zealand but has regular contact and involvement.

We are really looking forward to seeing everyone again. Our focus will be on re-establishing school routines and supporting individuals with their wellbeing and their learning.

There will be restrictions to many of the usual term 4 events and celebrations but we will find a 2020 way to make them happen.

Yours faithfully

Pam Macdonald
Acting Principal

Revision Lectures Unit 3/4

Skyline hosted a number of revision lectures in the September holidays across a range of Year 12 subjects. These have been recorded and students can access them by going to the link below.

- × <https://skylinefoundation.org.au/skyline-ubs-exam-revision-series-your-access/>
- × This link will take you to ALL subjects offered during the Revision Series. Included are the links to VCAA Study Design Guides and PDFs called Pages which link through to past exams and reports

Cate Burton-Careers Officer

High Ability Program

The Victorian Department of Education has prioritised funding for high ability students called the Victorian High-Ability Program (VHAP). This is an exciting initiative starting in term four for selected year 7 and 8 students to work in the Maths or English areas with other schools on a specialised program.

The VHAPs that the department is delivering target the specific strengths of the students as identified in a variety of test indicators. These indicators are decided by the Education Department.

This new program aligns with the Gifted and Talented Program that was started last year at Kyneton High School with the aim to encourage staff and students to challenge each other and themselves academically.

If you have any questions about this program, please contact Julie Carter or Cindy Bradford Cindy.Bradford@education.vic.gov.au

Cindy Bradford-Student Excellence Coordinator

BELL TIMES 2020

Parents are reminded that once students return for face to face learning, we will revert to our normal session times.(see table this page)

UPCOMING EVENTS

October	2020
Monday 12 th	Years 11 & 12 return
Tuesday 13 th	Years 7 return + 11 & 12
Wednesday 14 th	Year 8 return + 7, 11 & 12
Thursday 15 th	Year 9&10 return- all students
Mon 12th – Fri 16th	Year 12 Practice Exams
Thursday 29 th	Year 12 VCAL end of classes
Friday 30 th	Year 12 Celebration Day

Apprenticeship Opportunity

Stonemason Apprenticeship Opportunity

There is an opportunity for one of our students to have a trial with a local Stonemason which could lead to an apprenticeship. Students over 15 years of age will be considered. See Ms Burton for further information.

What is it like to be a Stonemason?

Stonemasons cut and shape stone blocks and masonry slabs so they can be built into structures and monuments, including stonework for cemeteries. Stonemasons may work with different types of stone including sandstone, limestone and marble

Cate Burton-Careers Officer

BELL AND SESSION TIMES 2020

Session 1	8:55 am- 9:55 am
Session 2	9.58 am-10.58 am
RECESS	10:58 am-11:36am
Session 3	11:41 am-12:41pm
Session 4	12:44 pm- 1:44 pm
LUNCH	1:44 pm- 2:22 pm
Session 5	2:27 pm- 3:27 pm

Students Look Forward To Face To Face Learning

We would like to thank Sandy Scheltema for the following article and photo.



Student Leaders from Kyneton High School, (left to right) Mason Wright, Jasmyn Davies and Mitch Boyer reflect on their return to school next week. Photo Sandy Scheltema

Kyneton High School students, along with students from across the state, are looking forward to returning to school next week after months of home schooling due to COVID-19 restrictions.

Students from the leadership team recently met outside the school in front of the sign the team wrote to boost morale during the lockdowns.

Principal Ana Rees said everyone had been placed outside their comfort zones.

"It's all about resilience. It's about looking for the best within yourself and your family," Ms Rees said.

"For the year 12 students their whole year has just been thrown up in the air. There is a lot of pressure on them. They are missing all these important rituals, like the valedictory dinner.

"I don't know whether our sense of hope has been stretched. We've taken so much for granted. You have to dig deep; you have to be optimistic. You look for solutions.

"It's been hard for our school community in the depths of winter when we were isolated at home. But it's our attitudes and values that carry you through. It's that compass within you. You have to make sure that compass is pointing in the right direction."

Year 11 student leader Chloe Goodwin said when she heard that there were cases at Sacred Heart as well as Kyneton High it made COVID-19 seem so much more real and personal.

"It hit home to know that really nowhere was safe and that just because we live in the country area doesn't mean that we escaped the reality of this pandemic," she said.

"COVID-19 has made me cherish having face-to-face contact with not only the students but the teachers as well. "It's affected not only my schooling life but everyday life as well.

"It's just made me more mindful for the things I take for granted and how easily they can be taken away in an instant. "As humans we need human connection, it's just a part of who we are.

"I am terrified for the future aftermath that COVID-19 will bring for not only our economic climate but the structure of everyday life."

The student leadership team spoke of a sense of disconnection and a mix of emotions, good and bad, during the lockdown. They felt a fear of the unknown, and for what the future held.

"The whole world is struggling, but if we can get through a pandemic, we can get through anything," one student leader said.

"We're living in a future history lesson, in 10 years kids will be taking notes on this in preparation for an exam," added Amy Falkai who is in year nine and on the student leadership team.

Many parents across the state will be breathing a sigh of relief as their children return to face-to-face learning.

This story and photo is part of photographer Sandy Scheltema's 'Life in the Time of Corona Virus' documentary series, funded by Creative Victoria and Regional Arts Victoria as part of the Sustaining Creative Workers Initiative

Year 12 Practice Exams

Year 12 Practice Exam Timetable Week 2 Term 4

Week 2, Term 4 is for practice exams but we have also included some normal classes to ensure that students can see their teachers in that second week as well. Timetable as follows:-

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9.15am	Chemistry	Maths Methods Exam 1 Further Maths Exam 1	English Practice Exam	VET Hospitality VET Engineering Health & Human Development	Maths Methods Exam 2 Further Maths Exam 2
1.00pm	Physics VET Sport and Rec Classical Studies	Biology Legal Studies	Normal Classes P4-5	Normal Classes P4-5	Normal Classes P3-5

We will also try to ensure that Year 12 teachers will be available to see students during this week when students do not have practice exams.

VCAL classes will continue as normal as well as some VET classes.

Thank you!

Elizabeth Trembath-Year 12 Coordinator

New Price List



NOONE
BEST IN CLASS SINCE 1947



Kyneton High School Uniform Pricelist Price list valid to June 30 2021



UNIFORM		
Blazer – Optional	85-90-95	\$180.00
	100-105-110	\$185.00
	115-120-125	\$190.00
College Jacket (Academic/Sport Uniform) Pullover	85-90-95	\$79.95
	100-105-110-115-120	\$92.00
	115-120-125	\$99.95
Dress - Tran seasonal	8J-10J-12J-14J	\$69.95
	4A-6A-8A-10A-12A-16A-18A-20A-22A-24A	\$72.95
Shirt – short sleeve		\$35.50
Shirt – long sleeve		\$37.50
Classic Pants	Junior sizes	\$55.50
	Adult sizes	\$57.50
Tailored Pants	All sizes	\$59.95
Classic Shorts	Junior sizes	\$48.00
	Adult sizes	\$49.95
Tailored Shorts	Junior sizes	\$49.95
	Adult sizes	\$54.95
Skirt		\$89.95
Tie – optional		\$21.50
Puffer Vest		\$64.95
SPORT UNIFORM		
College Jacket (Academic/Sport Uniform)		\$79.95
Track Pants		\$59.95
Sport Shorts (short and long length)		\$34.00
Polo Top		\$39.95
Rugby Top		\$87.50
MISCELLANEOUS		
School Bag		\$74.00
Bucket Hat		\$15.50
Socks – Black or white	3 Pack	\$14.95
Tights – Black cotton	From	\$17.95
Tights – Black microfibre	2 Pack	\$18.95
Cap		\$15.50
Beanie		\$29.95



NOONE
BENDIGO
21 Queen Street
Bendigo Victoria 3550
Phone: 03 7018 4199
Email: Bendigo@noone.com.au

Trading Hours
Monday – Friday 9.00am - 5.00pm
Saturday 10.00am - 1.00pm
On-line: <https://www.noone.com.au/school/kyneton-high-school/shop>

Year 11 Opportunity

Being a **School Captain** is a fantastic opportunity for students and can be a huge advantage for future employment and university course selection prospects. With nominations now open we encourage year 11 students to consider putting in their submission for School Captain.

You are required to do the following:-

- Email Mr Comben or Ms Brown to request a School Captain Nomination form.
- Complete the nomination form addressing the Key Selection Criteria.
- Ensure a Parent/Carer is supportive of your submission, they should either sign the application or send us a quick email if that is easier for them.

After submissions close, be prepared to attend an interview to discuss your application and the role expectation of being School Captain should you be successful. The Interview Panel is made up of members of the Senior School Team and the Assistant Principal.

There will be a School Captain Election Campaign when we are back at school!! Be prepared and have a campaign team to assist you! You will need to have an election speech and speak in classes. Also be prepared to set up an on-line presence and be prepared for an on-line election speech.

NOMINATIONS CLOSE: Friday 16th October 2020 which gives students opportunity to speak with teachers one on one at school.

Our beautiful 2020 School Captain, Charrouf Habib had the following to say about this important role:-

Hey guys,

When I was preparing myself to run for school captain last year, I didn't expect it to have turned out like this. It has been a very challenging year for all of us, but being a school captain, seeing and hearing about how all students across all year levels have strived to achieve success has made it worthwhile. Although I would have rathered spend my last year and my school captain year at school working on making the school year enjoyable, desperate times call for desperate measures!

This year has taught me new leadership skills, such as adapting and dealing with unexpected events, flexibility and taking my organisation to the next level. Although this is not the school captain year I wanted, it has still been an honor to be your school captain and I encourage anyone who is thinking about running for leadership to go ahead as it is a lot of fun and a great experience

Charrouf Habib

Year 12 Uniform 2021

Students in Year 12 next year have the opportunity of purchasing a specially designed jacket and/or polo top to mark the occasion of their final year of school. Students also have approval for an optional rugby top if families choose to purchase this. The Year 12 uniform has been a popular tradition for Kyneton High School in the past and the Year 11 students are looking forward to continuing this custom. Prices for the Year 12 uniform are as follows:-

Fleece Varsity Jacket:	\$101
Polo Shirt:	\$ 49
Optional Rugby Jersey Top	\$ 84

Families will need to complete their order on-line and **information has been provided** by email and XUNO to families.

Orders are to be completed and paid in full by **MONDAY 12TH OCTOBER**. We hope to have the uniform available for distribution prior to the end of school in December. Please do not hesitate to contact Geoff Comben; Year Level Leader or Annette Brown if you require any further information.

Annette Brown-Senior Years Administration

ASTHMA, HAY FEVER OR COVID-19?



KNOW THE SYMPTOMS	ASTHMA	HAY FEVER	COVID-19
Fever	X	X	Common
Aches & pains	X	X	Common
Cough	Common	Occasional, dry	Common
Shortness of breath	Common	Rare	Common
Runny/blocked nose	X	Common	Common
Sneezing	X	Common	Uncommon
Fatigue	X	Occasional	Occasional
Headache	X	Occasional	Occasional
Sore throat	X	X	Common
Loss of taste or smell	X	X	Common
Itchy/watery eyes	X	Common	X
Itchy nose	X	Common	X



Returning to school anxiety free

CORONAVIRUS SUPPORT

by Michael Grose founder of Parenting Ideas

Going back to school after the enforced COVID-19 break is a source of mixed emotions for many children and young people. Some students, who revel in face-to-face interactions, just can't wait to reconnect with friends and teachers. Others who have appreciated the break from constantly being emotionally switched on when at school may be reticent to return.

Regardless of how your child reacts there's bound to be a level of anxiety attached to returning to school after such a long break. The following strategies sourced from my book, [Anxious Kids](#), will help your child make a smooth transition back to school.

Park your expectations

School undoubtedly will be a different experience for students post COVID-19. It may require you to adjust your expectations, particularly academically, so patience is definitely required. Education is a long game, so if you are worried about your child missing the educational beat, recognise that this experience has been a blip on the educational curve. It's worth remembering that anxiety loves company. Park your expectations for a time, so your child won't pick up your anxieties.

Understand that their anxiety is real

An anxious child desperately wants a parent to understand that they feel anxious and apprehensive. Even if, you can't comprehend the impact that a return to school has on their state of mind and physiology, recognise that their anxiety is real. "Ah, I see you're worried that you won't know what to do when you go to school" is the type of response that an anxious child wants from a parent. Validating your child's feelings will help them feel safe and secure, putting them in a good position to make a return to school. "Mum/dad know that I'm feeling nervous" is very reassuring for a child.

Prepare them

Worriers and anxious types in particular, like to know what's ahead. Prepare your child for a return by discussing the safety procedures the school will be implementing. Let young children know that an adult won't be accompanying them past the school gate. Ask your child what they are looking forward to and check in with how they are feeling about a return. Check in regularly with how they are feeling and correct any misconceptions.

Focus on reconnection

Make reconnection the theme for your child's return to school. He or she will have to reconnect with friends, teachers and learning, which takes time. In all likelihood, your child's teachers will use many strategies to help your child connect with their friends, reflect on their time at home and move them back into full-time learning mode. Support these activities and reassure your child that they'll feel comfortable very soon with their school experience.

Stay off the roundabout for a while

This period will mirror the start of the school year when your child had to adjust to new teachers, different classmates and a new year level. Adjusting to change takes a great deal of personal energy, so your child or young person may become tired, grumpy, and even moody at home. Make allowances for these personal changes and make sure they have plenty of free time to unwind after school to relax and play.

Take care of yourself

In recent months parents and teachers have been doing significant emotional labour. The learning and adjustment curves have been massive, with little time to relax and take a break. Consider your own emotional resources and make your wellbeing a priority, which will make it easier for you to stay calm if your child experiences difficulties.

The COVID-19 pandemic has thrown many difficulties, requiring us all to quickly adapt to new situations. Flexibility is a prime characteristic of resilient people, so if nothing else, getting through these times will make us all more resilient.



Michael Grose



Supporting local families at Christmas

Register for 2020's Christmas Gift Shop

This year we are working with local businesses to provide families with gift cards to shop locally

We require all families seeking support to register by emailing christmas@cobaw.org.au by 11 November 5pm
Gift Shop Cards issued 25 November

email: christmas@cobaw.org.au to register or call 5421 1666 for more information



Welcome to the 2020 Macedon Ranges Gift Shop!

For the past ten years we have provided families of the Macedon Ranges gifts for their children at Christmas. This year is different. Due to the current Covid-19 landscape and the challenges it brings, it will mean that the Gift Shop will not 'open' for business as usual in 2020.

Instead, we will be running a gift voucher program. This program will enable us to support both our local families and our local businesses across the Macedon Ranges Shire.

Families will receive Macedon Ranges Gift Shop gift cards which they can then spend at participating local business partners. Those registered will collect their gift cards on Wednesday 25th November using a drive through arrangement hosted at the Kyneton Baptist Church, the Gift Cards will be valid from this date through to the 31st January 2021.

We would appreciate if you could display the attached flyer and encourage those in need to register for this year's Macedon Ranges Gift Shop.

Eligibility: This opportunity is only available to those living in the Macedon Ranges Shire, and we ask that all those wanting to attend register, regardless of previous attendance. Only the primary carer may register to collect vouchers for their children and they will need to attend with photo ID and a Medicare or Healthcare card with children listed to confirm the number of children registered.

How to Register: All registrations must be received by Wednesday 11th November
Please either fill out the attached form or collect the following details and email to christmas@cobaw.org.au

- First Name
- Last Name
- Phone Number
- Email
- Address
- Town & Postcode
- Number of children

- ✓ Those registered will receive a confirmation email directly to confirm their registration and listing further instructions for the day.

Donations to the Macedon Ranges Gift Shop: This year, rather than asking the community for donations of toys, financial donations can be made to the Macedon Ranges Gift Shop please see the facebook page for more details. <https://www.facebook.com/macedonrangesgiftshop/>

For any local businesses wanting to participate please contact Danni - dfindlay@mrc.vic.gov.au

If you have any queries please don't hesitate to contact our friendly reception staff on 1300 026 229 or via christmas@cobaw.org.au

Kindest Regards,

The Christmas Gift Shop Team

Whitney Valeri (she/her)
Administration Officer

A: PO BOX 146, KYNETON, VICTORIA 3444 P: 03 5421 1666 F: 03 5422 2161



KYNETON SHOWGROUNDS
9am SATURDAY MORNINGS
INFO DAY- 17th OCTOBER
START DATE- 24th OCTOBER
REGISTER @ lavic.com.au
MEMBERSHIP \$125 PER CHILD
FAMILY DISCOUNTS APPLY
UNDER 6yo to UNDER 16yo
PROFESSIONAL COACHING

