

## Principal's Chat:

Dear Parents, Caregivers and Members of the Kyneton High School Community,

Our Year 7 students are currently at Camp Adanac and it is pleasing to note that, as with last year, we have almost 100% attendance. This provides the best conditions for achieving the purpose of the camp which is about building relationships and developing a cohesive team that works together to achieve goals. Stay up to date with their latest activities on our school Facebook page.

Now that we are six weeks into the term (and the end of term is fast approaching) we can begin to reflect on emerging patterns which are powerful indicators of success in learning. One of the foundations for success at school is regular attendance; we cannot emphasise enough how important this is. Our year 7 and Year 12 students are tracking well with average attendance for these year levels at over 90%. This is the desirable target and I would encourage all students to set this as their goal so that they finish this term on track.

In this newsletter you will find information about the uniform "Pop-up shop" which is happening at the end of the term. Students from all year levels are invited to come and try on items of the new uniform. The uniform policy allows for students in Years 8-12 to wear new uniform items together with the old uniform as replacement items.

Finally, if you have not yet done so, please get the XUNO app for your phone. We now have permission forms for camps and excursions available on XUNO. Just go to the Apps store and search for 'XUNO Family.' Our school code number is NR7FA8. If you require your User Name you can contact the office and you will be sent a welcome letter with this information.

Ana Rees

Executive Principal



Our college captains looked resplendent in our new college jackets recently for school photo day. Pictured here L-R are Principal Ana Rees with captains-Sara Galea, Hayden Clapham, Jaimeson Plant and Charrouf Habib

## Captains Report

### Why our school values are important?

We believe our school values are ideas that will set up our generation to tackle many of the social problems in our society.

#### Respect

*Having respect gives each individual self-worth. By giving respect individuals will earn respect from others.*

*Respect gives us a value to build our lives around.*

#### Excellence

*Excellence is a key element of success, it allows individuals to be ambitious and set goals in life so that they can achieve success and can be the best they can be.*

#### Diversity

*Exposure to diversity allows each individual to have a better understanding of inclusion.*

*Diversity creates acceptance, acceptance for all individuals as well as acceptance of ourselves.*

#### Sustainability

*Taking care of our environments, whether it is classrooms or our natural world, allows for the preservation of our world as a whole.*

*If we can continue to take pride in the ecosystems around us, we can be the change that we need to help create a brighter future for the generations to come.*

We have been given a great opportunity as leaders of our school; we can inspire others to make a difference. The fact is that we, and all our generation, already have all that we need to make a difference.

**Charrouf, Jamieson and Sarah**

## UPCOMING EVENTS

March	2020
Wed 4 <sup>th</sup> –Fri 6 <sup>th</sup>	Year 7 Camp Adanac
Monday 9 <sup>th</sup>	<b>Labour Day -Public Holiday</b>
Tuesday 10 <sup>th</sup>	Year 9 Campaspe Excursion
Thursday 12 <sup>th</sup>	9/10 Applied & VCAL Grand Prix Excursion
Friday 13 <sup>th</sup>	Yr 8 Cricket/Tennis/Volleyball
Monday 16 <sup>th</sup>	Division Swimming
Wed 18 <sup>th</sup>	Parent Teacher Interviews <b>NOONE pop up shop @ KHS</b> <b>For fittings Year 7-12</b> <b>12pm-7.30pm</b> (See this edition for information)
Thursday 19 <sup>th</sup>	Year 7 Immunisations <b>NOONE pop up shop @ KHS</b> <b>3.30pm-7.00pm</b>
Tuesday 24 <sup>th</sup>	Athletics Carnival
Wed 25 <sup>th</sup>	Year 8 Live4Life Launch
Friday 27 <sup>th</sup>	End of Term 1 School Finishes 2.30pm
April	2020
Monday 13 <sup>th</sup>	Easter Monday Public Holiday
Tuesday 14 <sup>th</sup>	Term 2 Commences
Thursday 16 <sup>th</sup>	Pre Orientation Day <b>Year 12 only to attend</b>
Wed 22 <sup>nd</sup>	Year 10 Immunisations
Wed 29 <sup>th</sup>	Year 11-12 HSA Excursion Cross Country Event
May	2020
Monday 4 <sup>th</sup>	Year 11-12 AFL (Boys) Netball & Soccer Event
Tuesday 5 <sup>th</sup>	Year 11 & 12 TIS 10am (SHC)
Thursday 7 <sup>th</sup>	9 & 10 AFL (Boys) Netball & Soccer Event
Monday 11 <sup>th</sup>	7-12 AFL (Girls)
Tue 12 <sup>th</sup> –Fri 15 <sup>th</sup>	Year 7 & 9 NAPLAN



**KYNETON**  
HIGH SCHOOL



## Introducing Our New Staff Members



Kristina Ford, Monica Kartika  
& Emma Nelms

"I've recently made a career change into teaching, after working at the University of Melbourne as a research scientist for many years. During my previous career I worked on a wide variety of projects, mainly in the area of plant growth and development, as well as studies in Malaria, Alzheimer's and Nelson Bay virus in fruit bats.

I am very excited to have been given the opportunity to join the team at Kyneton High School, to teach mathematics and science in Year 7-10".

**Ms Kristina Ford**

"My name is Monica Kartika. I worked in Melbourne previously and I am very happy to move to Kyneton and join Kyneton High School as a mathematics teacher. This year I am teaching mathematics year 7, 8, 9 and 10 Advanced Classes".

**Ms Monica Kartika**

Hello, I'm Emma Nelms. I've joined the English Department at KHS to teach Year 7, 8, 9 and 10 English. As an English and Drama teacher I'm very excited to be part of a school that cares for and values quality education, while having a strong focus on student wellbeing. I'm looking forward to making a positive contribution to KHS and enjoying an engaging year ahead

**Ms Emma Nelms**

"I am very excited to join the Kyneton High School teaching staff. Before arriving at KHS I taught Math, Science and Physics at Mill Park Secondary College and most recently at Bendigo South East College. Prior to this, I worked as a scientist at Monash University developing solar cell technologies. I have also worked as a Mechanical and Environmental Sustainable Design Engineer within the Building Services sector.

I enjoy the social nature of working in the classroom and am very much looking forward to meeting members of the broader Kyneton High School community."

**Mr Alex Pascoe**



"I'm Jackson Martin, one of the new English teachers at Kyneton High School this year. In 2020, I'm teaching year 7 English, year 9 English, year 11 English and intermediate VCAL literacy.

So far, I've had a great time getting to know students and am looking forward to meeting more students and their families. I am also new to the general Kyneton area and am excited to connect with the local community".

**Mr Jackson Martin**

Jackson with Kirsten Vincent



## Important Messages For Parents

### Parent Teacher Interviews – Wednesday 18<sup>th</sup> March

Our semester 1 interviews are an important time to meet the teachers for 2020 and to discuss how students have started their learning. The first cycle of reports will be available on XUNO by the 13<sup>th</sup> March and provide a good source for your discussion.

There are no classes on interview day. We encourage parents to bring students along to the interviews. Bookings for interviews will open on XUNO on Wednesday 5<sup>th</sup>. Times will range from 12.00 – 8.00pm.

### UNIFORM

Year 7s are looking great in the new uniform. Students in year 8-12 must also be in school uniform – the old or new uniform. We have been following up students out of uniform with detention as some students are not complying with the school uniform policy. We do still have many of the old uniform items for sale (except the jacket).

The following items are NOT allowed – hoodies, track pants (for sport time only), runners (sport only), jeans or leggings.

Please check that your child is attending in correct uniform.

### New uniform from NOONE

On parent teacher interview day our new uniform will be available to see/order/purchase. NOONE will set up a pop up shop and students can try on items for sizing. This will be open to all students/families – not just year 7. We are aware that a number of students/parents wish to try/buy items of the new uniform and we encourage you to take up this opportunity.

Please see NOONE'S online details in this newsletter to make appointments. (*One booking per each student*).

### BYOD Laptops

Students need to have a laptop for their learning at all year levels. Some students are frequently turning up without their laptop or charger or claiming their laptop needs repair. This is disrupting their learning time. The library has only a very small number of laptops to lend out.

Please check your child's laptop condition and remind them to charge it overnight.

Pam Macdonald  
Assistant Principal 7-9  
[macdonald.pamela.k@edumail.vic.gov.au](mailto:macdonald.pamela.k@edumail.vic.gov.au)

### ***Lastly, with regard to the softshell jacket***

I have been informed by NOONE that they describe the jacket as a showerproof garment, rather than a waterproof one.

The actual fabric is waterproof, but the seams of the garment have not received a waterproof treatment (like a \$400 Kathmandu hiking jacket would, for example), so some water would get through the seams in a true downpour. There is also a break in the surface of the fabric wherever you embroider a garment, so water could get through where the logo is.

That said, if you were to lay the jacket on the ground and spray it with a hose, you would see that not much water gets through.

Regards Cheryl



Dear Parents

**RE: KYNETON HIGH SCHOOL WINTER UNIFORM FITTINGS**

As official school uniform supplier, NOONE will be conducting winter student uniform fittings for Kyneton High School uniform. The appointments will be held at a pop up shop at Kyneton High School.

**Fitting dates:**

Wednesday 18 March 2020, 12pm to 7.30pm (parent teacher interviews)

Thursday 19 March 2020, 3.30pm to 7pm

**Kyneton High School**

Address: Epping Street, Kyneton Vic 3444

Telephone: 7018 4199

Email: [bendigo@noone.com.au](mailto:bendigo@noone.com.au)

**We invite you to book your child's uniform fitting on-line:-**

1. Head to: <https://www.noone.com.au/school/kyneton-high-school/stores>
2. Click the 'BOOK AN APPOINTMENT' button
3. To select a date please click on a blue date circle on the calendar
4. Choose a time and complete booking information. Name required is student name. Only one appointment per student.
5. Click 'BOOK APPOINTMENT' button
6. You will be notified of your booking request, and you will receive email confirmation before the time of the appointment.

Methods of payment available are cash, eftpos, visa and mastercard.

We look forward to meeting you.

Yours sincerely

**NOONE Bendigo Team**

**NOONE Bendigo Store**

Address: 21 Queen Street, Bendigo

Telephone: 03 7018 4199

Email: [bendigo@noone.com.au](mailto:bendigo@noone.com.au)



## School Photos

It was a sunny day when the photographers visited the school last week. These students were more than happy to sit with their groups for a 2020 photo.



House Captains:

Above top row: Ms Rebecca Wallace with Charrouf, Nathan, Darcee, Ellie, Mason, Tom

Bottom Row: Zarli, Kora, Sarah, Sharni, Mackenzie, Anika and Ella



Above: Our Student Leadership Team with Mr Benjamin Hill (LHS) and Principal Ana Rees (RHS)

## Reports at Kyneton High School

At Kyneton High School, we follow a system of continuous reporting to parents. For the past few years, we introduced six formal reporting cycles, with the first report published in Week 7 of Term 1, followed closely by parent-teacher interviews. The other reports follow at roughly 6-7 week intervals through the year. Through each reporting cycle, you and your child will be able to follow progress in each subject studied. Receiving a progress report with this frequency will give you the opportunity to celebrate your child's strengths, efforts, and to discuss issues as they arise.

### How to read the student report

For all subjects in Years 7-10, as well as all VCE subjects, the student report appears as a graph. This presents an opportunity to see progress through the year 'at a glance'.

Student achievement in the subject is represented by a 'dot' on a scale of 0-5, ranging from *Below expected level* to *Extension/Enhancement*. The student's effort and attitude in each subject is indicated with a 'bar' on a scale of 0-5. This is a slight change from the percentage based scale of the past two years. The graphs show a shaded area across the 3-4 bands, which indicates our schools expected level of student achievement, effort and attitude for all subjects. This is to be used as a guide for our expectations of all students. The scales are below.

For returning students, you will notice the scale has changed since last year, when we used a percentage scale. This change has been made in working towards our school's strategic goal of closely aligning curriculum, assessment and reporting, and will ensure greater consistency between subject areas.

STUDENT ACHIEVEMENT (indicated by the dot on the graph)	
BAND	EXPLANATION
5 Extension/Enhancement	The student has successfully completed extension / enhancement of the regular curriculum.
4/4+ Mastery of Level	The student has performed at a very high standard, and has shown mastery of the expected curriculum level for their year level.
3/3+ At Expected Level	The student has satisfactorily demonstrated the skills and knowledge of curriculum for their year level.
2/2+ Approaching Expected Level	The student is approaching the expected curriculum level for their year level.
1/1+ Below Expected Level	The student is achieving below the expected curriculum level, or is demonstrating only entry-level skills.
0 Insufficient Evidence	There is insufficient evidence for the teacher to assess the student's achievement (e.g. not enough work has been completed).
ABS	Student absences have impeded the teacher's ability to make an accurate assessment of their achievement.

STUDENT ATTITUDE AND EFFORT (indicated by the bar on the graph)	
BAND	MEANING
5 Very High	The student has displayed a very high level of positive attitude and effort.
4/4+ High	The student has displayed a high level of positive attitude and effort.
3/3+ Satisfactory	The student has displayed a satisfactory attitude and level of effort.
2/2+ Low	The student's positive attitude towards learning and others has been lacking and they have displayed a low level of effort.



1/1+ Inadequate	The student has displayed a negative attitude towards learning and others and they have displayed little to no effort.
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### Report Descriptors

Detailed descriptions of typical performance at each band are published along with the report graphs. We encourage you to read these in conjunction with the report graph as you will get a detailed description of what your child has achieved in the subject and, by reading the next band up, you can see how improvements can be made.

### VET and VCAL Reports

Students undertaking a VET or VCAL subject will receive a report listing the learning outcomes for that unit and indicating the amount of progress made towards each outcome or competency. Attitude and Effort will be assessed on a five point scale. There is no graph for VET or VCAL reports.

### Modified Reports

Students who have been receiving a modified report in line with their individual learning plan/modified program will continue to do so. A change that has been made is that as we go through each reporting cycle, the student's previous reports from earlier cycles will still appear along with the most recent reports. This will help track progress through the year.

### Ongoing Communication

Throughout the year, your child's teachers will also use XUNO to log results of major assessment tasks and to mark off completion of homework to keep you informed about their ongoing work. As always, you will be able to contact teachers and co-ordinators through XUNO or by calling the school if you wish to discuss any aspect of your child's learning and wellbeing throughout the year.

We are excited to be working towards improved communication with our families regarding student progress. If you have any questions about the new reporting system for 2020, please contact our Teaching and Learning Leader, Faye Zollia, at [zollia.fayeanne.e@edumail.vic.gov.au](mailto:zollia.fayeanne.e@edumail.vic.gov.au) or on 5421 1100. We wish all our families a happy start to the school year.

Ms Faye Zollia-Leading Teacher

## Apprenticeship Opportunities

### **/HEADSTART** APPRENTICESHIPS AND TRAINEESHIPS

Head Start is an Apprenticeship and Traineeship Program that commenced last year. The program aims to assist students to gain a school based apprenticeship while they work toward completing their Year 12 qualification.

We are currently seeking employers in the Macedon Ranges area and surrounds, particularly in the areas of refrigeration/air conditioning mechanic, electrical, plumbing, business, hairdressing and carpentry.

If you are a business owner or know of someone looking for a school based apprentice or trainee and would like to know more information about the program please contact the Head Start Coordinator Kelli Hewton on 0428 998 261 or [Hewton.kelli.k@edumail.vic.gov.au](mailto:Hewton.kelli.k@edumail.vic.gov.au).

Thanks.

Ms Kelli Hewton- Head Start Coordinator



## Division Swimming Students

Congratulations to the following students who have progressed through to the next round of Swimming on the 16th of March.

### Year 7

Stevie Courtney  
Bridie Tripp  
Matthew Black  
Flynn Witkowski  
Eliza Lowe  
Kora Richardson

### Year 8

Molly Hoyne  
Lachlan Witkowski  
Kisha Monleon  
Jake Hall

### Year 9

Zoe Bespalov  
Monica O'Toole

### Year 10

Alex Smith-Sargent  
Cody Swinden  
Caelan Templeton  
James Hargrave  
Max Volante-Barber

### Year 11

Ryley Ferguson  
Teal Blythe  
Taryn Cairnes

### Year 12

Amy Campbell  
David Dudley  
Sarah Galea  
Isabelle Smith Sargent

Ms Rebecca Wallace-Sport coordinator

## Chess at KHS

### Chess Club-Board Games Chess Games

Finally our Chess Club have some new chess boards (competition standard) in a lovely colour of green in order to calm the mind with double weighted chess pieces.

It has been decided to also include board/card games to our sessions. At the moment our library has Exploding Kittens and HIVE. Students are welcome to bring along a board game of their own.

If your student wants to learn problem solving in chess, compete with other skilled players or even Kyle and myself (Mr Donker) or just learn the game, let them know to check out our sessions.

Chess club started this week and will run each Tuesday and Thursday during recess in the Reading room of the old library.

Students can see Mr Donker for any information.

Mr Richard Donker

Math Coordinator



## HIGH SCHOOL SPORTS

### PURPLE HOUSE WINS THE TELFORD SHIELD: FIRST TIME SINCE 1942

Coming from behind, Purple (Coliban) House, with the help of Phil Diss, overtook all opposition, being assisted by Blue (Campaspe) House, the second contender being disqualified in three events. Purple house thus won the Telford shield by two points at the Kyneton High School house sports yesterday, with the running of the last race.

The shields were presented to Purple House captains, Fay Earnshaw and Anthony Bourke, by the Kyneton Shire President (Cr. Martin Tresidder), who congratulated the team on having broken its run of ill luck over the past 16 years.

Both team captains suitably responded, and the headmaster (Mr. A. Douglas) thanked all who had given of their time to act in official capacities. He added that the school had organised this year's sports under difficulties, as for the past three days it has had the Board of Inspectors at the school.

In ideal weather, the annual Kyneton High School sports was held on the Kyneton showground yesterday, when over 500 children cheered their teams' representatives on to victory.

Competition was always keen at these sports and, being well run, are a delight to parents and others interested to witness.

The programme ran smoothly and to time, with the sportsmaster, Mr. J. H. Renwick, and sportsmistress, Miss R. Richardson, having everything timed to perfection.

#### EVENTS INCLUDED

100 Yards, 75 Yards, 440 Yards (boys), 220 Yards (boys),  
Broad Jump (boys), High Jump (boys), Weight Put (boys),  
Basketball Passing (girls), Tunnel Ball (boys), Leader ball (girls), Extension Ball (girls),  
Circular Relay (boys), Shuttle Relay (girls), Hockey Relay (girls),  
Decorated Table Contest.

#### TELFORD SHIELD

1<sup>st</sup>: Purple (Coliban), 122½ points, 2<sup>nd</sup>: Blue (Campaspe), 120½ points  
3<sup>rd</sup>: Gold (Lauriston), 113½ points, 4<sup>th</sup>: Red (Baynton), 75½ points

*Kyneton Guardian 3<sup>rd</sup> April 1958*

## After High School!

### Bendigo Campus Talk and Tours 2020

La Trobe Bendigo is offering interested students the chance to check out the Bendigo campus and accommodation.

This is a chance to meet with one of their friendly team to have your course and career questions answered as well as enjoying a walking tour of their biggest regional campus.

Registrations are now open for personalised consultations and tours of our Bendigo campus these school holidays.

<https://www.latrobe.edu.au/events/all/bendigo-campus-talk-and-tours-2020>

*Ms Elizabeth Trembath-Careers/Senior Team Coordinator*

# When you love but don't like your child

by Michael Grose



It goes without saying that we always love our children. That doesn't mean however, that we always like them or how they are behaving. Rather than beating yourself up, it's useful to figure out what you don't like and work from there. Here are some of the common reasons, and some ways to help overcome it.

## Common reasons

### It's their behaviour

Generally, it's a child's behaviour that you won't like rather than the child themselves. Whether it's a surly adolescent who scowls every time you walk into a room, or a toddler who whines when they don't get their own way, it can be difficult separating the child from the behaviour.

### It's a stage

Some developmental stages are more problematic than others. Both toddlers and teens are programmed to get under their parent's skin. The respective developmental tasks are independence and identity formation, both involving a degree of parental challenge, making them hard to get close to, at times.

### It's their gender

Some people are naturally drawn to a particular gender, and struggle interacting with the other gender. The struggle can be personality driven, or come as a result of family background. For instance, a mother who grew up in an all-girl household may struggle with the boisterousness involved in raising a son.

### It's their personality

Some personalities grate, even in families. If you're a quiet, task-oriented type and you really struggle relating to loud, life of the party types at work then this won't necessarily change when you come home. You will probably struggle to relate to that loud, got-to-be-the-centre-of-attention type of child or teen in your family. If you value sensitivity and a careful choice of words and someone else comes off as flippant with 'no filter', equally it can be jarring.

### They're not meeting your expectations

Parents usually have hopes and dreams for their children, which are not always fulfilled. A child who doesn't follow in your footsteps or meet your academic or lifestyle expectations can be a source of disappointment and frustration.

### It's a lack of common ground

Just as is the case with adult relationships, sometimes people in the same family are just somewhat (or wildly!) different to each other. Neither of you need to work to become a carbon copy of the other, but you do need to work to understand each other. Remembering the preferences, soft spots, no-go zones and other nuances of each other's personality goes a long way towards reaching a language you can speak fluently with each other. Kids interests can change a lot over time, and you may even find something in common that you never thought possible.

## How to move forward constructively

### Face your feelings

Resist the temptation to push away or ignore your feelings, as this is the antithesis of emotional intelligence. Unrecognised feelings are a heavy burden to bear. It's far better to face up to and



accept the way you feel about your child. Do you feel anger, disappointment, sadness, frustration or even discouraged? Is it a mixture? Own your feelings and you'll find that you will have more control over them in time.

### **Make adjustments accordingly**

Work out what's behind these feelings. If it's a personality clash or differences in life goals then you may need to adjust your expectations accordingly or start to manage your own behaviours and reactions better. Accepting your child or young person for who they are can bring you a great deal of relief. If you have a child who you wouldn't have chosen to be your friend, then it's up to you to make a change. Accept and appreciate them for who they are you'll find that your child or teen will be easier to like and your relationship will improve.

### **Bring some playfulness into your parenting**

Do you need to be more playful and less serious when you are in your child's company? If so, look for ways to build your relationship by spending some enjoyable one-on-one time together.

### **Follow their interests**

Considering following their interests, even if they're not necessarily your own. If you're a creative type and your child is a sports buff, then take the time to follow their interests. Understanding why will tell you a lot about your child and what makes them tick. You may also find that he or she also starts following your interests once you take the lead.

### **Look for the good**

When we are struggling to like and connect with a child there is a tendency to focus on the things we don't like about them. Our attention becomes like a television antenna tuned into the negative rather than the positive behaviour or attitudes. Tune your antenna to look for the good rather than the bad in your child.

### **Bite your tongue**

Resist the temptation to criticise your child about minor and annoying behaviours, as nit-picking will only reinforce mutual disregard. Biting your tongue and smiling when your child says or does something that grates on you is the type of emotional labour that makes parenting challenging. But choosing your battles will make your day easier and improve your relationship long term.

### **Hold them accountable**

It's not always appropriate to hold your tongue. Children need to be held accountable for poor, inconsiderate behaviour. There are some behaviours such as being disrespectful to others, or not following set family rules and values that need to be picked up on. Ensure that you treat all kids on your family fairly and justly.

### **Keep showing up**

There may be times where you may feel there is nothing left to do. Keep showing up anyway. The single, most important thing you can do as a parent is to show up every single day. It will send a powerful message to your child that even if you don't like how they are behaving, you're always going to love them. If you can accept your child for who they are, then they are more likely to make subtle changes in their behaviours to meet your needs and expectations. This type of social adjustment is the lynchpin of healthy, respectful relationships.

*Our [Parenting Boys](#) and [Parenting Girls](#) online courses have helped many parents accept their sons and daughters for who they are, providing relief from the constant struggle for understanding and the desire to change them.*

### **SHARE THIS**



*Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World* and *Last Borns Want to Change It*. Michael is a former teacher with 15 years' experience, and has 30 years' experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.*

[Michael Grose](#)



### Footballers and Netballers wanted

Romsey Junior Football and Netball Club are looking for footballers and netballers in all ages from U/9s to U/17s, boys and girls.

Football training has commenced for older groups U/15 and U/17 training on Monday and Wednesday nights 5pm – 6pm. Training for all other age groups starts next week;

U/9s start Wednesday 26<sup>th</sup> Feb 4:30pm – 5:30pm

U/11s start Tuesday 25<sup>th</sup> Feb 5pm – 6pm also training Fridays

U/13s start Wednesday 26<sup>th</sup> Feb 5pm – 6pm also training Friday

For all information, like us and follow us on Facebook, or contact our secretary Justine O'Loughlin on 0407 158 620 or [justine.oloughlin@outlook.com.au](mailto:justine.oloughlin@outlook.com.au)

Come and join us to have some fun with your friends. All welcome.

## Sacred Heart College Kyneton

# Parent Engagement Partnership



## Embracing Autism

Presented by Chris Varney (I CAN Network)

*"A core mission of the I CAN Network is to drive a rethink of Autism, not just with the young people we mentor but for broader society as well."*

Chris Varney is Founder and Chief Enabling Officer of the I CAN Network. I CAN Network is driving a rethink of Autism so that young Australians on the spectrum think 'I CAN', not 'I Can't', in response to their challenges and opportunities. Chris was inspired to start I CAN from the support his family, schools and mentors gave him, which he shared in his TEDx 'Autism - How My Unstoppable Mother Proved the Experts Wrong'.

In the past year alone, I CAN Network has mentored 1,052 Autistic kids, teenagers and adults nationwide through schools, TAFEs, workplaces, camps and online programs. Since inception in 2013, I CAN Network has employed 34 Autistic people to deliver mentoring programs.

**Thursday 12 March - 7pm**

**Mary Moloney Theatre Sacred Heart College**

This is a free event but seats must be booked via: [www.trybooking.com/BIGIG](http://www.trybooking.com/BIGIG)

A gold coin donation in support of Beyond Blue appreciated.



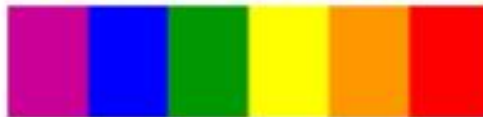


The Cobaw Community Health WayOut program holds casual quarterly network meetings for parents of LGBTIQ+ young people. The next PERK (Parents Empowering Rainbow Kids) catch up will be on Tuesday 17<sup>th</sup> March in Woodend from 5.30-7.00pm. Please contact WayOut on 1300 026 229 or email [admin@cobaw.org.au](mailto:admin@cobaw.org.au) to find out the location, more information, or to RSVP.

Mez Lanigan

# PERK

## PARENTS EMPOWERING RAINBOW KIDS



Quarterly network for parents and carers of  
LGBTIQ+ young people.

PERK aims to provide a supportive network  
which includes a forum for discussion and  
sharing, education and training, and  
connecting with the local community

5.30 - 7.00pm

Locations within Macedon Ranges

Please contact the WayOut program at Cobaw  
Community Health for the next date & location

FOR MORE INFORMATION PLEASE CONTACT WAYOUT  
COBAW ON 1300 026 229  
[admin@cobaw.org.au](mailto:admin@cobaw.org.au)

